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She is an alumnus of the University of Nigeria, Nsukka and the University of Lagos, Lagos Nigeria and obtained her LLB (hons) and LLM respectively in 1984 and 1991. She was called to the Nigerian Bar in August 1985. As counsel she leads complex corporate and commercial dispute resolution matters in Nigeria and internationally across the oil and gas, finance and insurance sectors. She also acts as sole arbitrator, panel member or as chairman of various arbitral panels. She also provides expert evidence on Nigerian Law.

Miannaya was made a Senior Advocate of Nigeria in 2007. She is a chartered arbitrator and fellow of the Chartered Institute of Arbitrators (UK). She is a past chairperson of the Port Harcourt chapter, a branch committee member of the Nigerian Branch and an approved tutor of the institute. She is a member and past chairperson of the Section on Legal Practice of the Nigerian Bar Association. She is a member of several other associations including the International Law Association (Nigerian Branch), the Maritime Arbitrators Association of Nigeria, LCIA (African Users' Council), ICCA and the Lagos Court of Arbitration. She is included on the Chartered Institute of Arbitrators' panel of arbitrators and is a member of the board of the Lagos Court of Arbitration. She is a member of Council of the Commonwealth Lawyers' Association.

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